Before starting your journey to Chiropractic school, it’s important to note there is no degree titled “Pre-Chiropractic”. Students pursuing Chiropractic school are generally working towards an Undergraduate degree while completing coursework as they prepare to meet eligibility requirements to apply to a Chiropractic school.

The Pre-Professional Chiropractic program at Red Deer College is essentially the first year of a Bachelor of Science degree. There are many different Chiropractic schools, all with varying entrance requirements. Some schools require specific courses, some require a certain number of post-secondary years completed. Overall, the majority of Chiropractic institutions recommend students have a well-rounded education that includes courses in Biology, Chemistry, Anatomy/Physiology and Psychology. However, this is not a universal requirement, and therefore it is important for students to familiarize themselves with the entrance requirements of their future Chiropractic school.

At RDC, we recommend students pursue an undergraduate degree to help compliment their studies. This is especially important as it can take two or three years (depending on the institution) before students are eligible to apply for admission into Chiropractic Medicine. It is not uncommon for students to complete a 4-year undergraduate degree before gaining admission into a Chiropractic school. Undergraduate degrees can be completed in many areas, such as Science, Kinesiology, Arts, Education, etc.

The pattern of courses in this guide is a recommendation of how to get started if you are not sure of what degree you want to pursue.
RECOMMENDED COURSES FOR YEAR 1

The schedule below can help you get started if you are unsure about a transfer university/Chiropractic School, or an undergraduate degree you would like to work towards.

If you know a Chiropractic school and/or undergraduate degree you would like to work towards, please contact the School of Arts & Sciences at artscienceinfo@rdc.ab.ca, or on campus in Room 2203 with this information. This may help us give you additional course suggestions (if applicable).

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 217 (see note 1 below)</td>
<td>BIOL 218 (see note 1 below)</td>
</tr>
<tr>
<td>CHEM 211</td>
<td>CHEM 212 or CHEM 351</td>
</tr>
<tr>
<td>ENGL 219</td>
<td>ENGL 220</td>
</tr>
<tr>
<td>PSYC 260</td>
<td>KNSS 200 (see note 2 below)</td>
</tr>
<tr>
<td>Option (see note 3 below)</td>
<td>Option (see note 3 below)</td>
</tr>
</tbody>
</table>

NOTES

1. BIOL 217 and BIOL 218 can be taken in either order/term.

2. Seats in KNSS 200 may be restricted to Kinesiology majors. If you need access to an open seat or if you need to waitlist for the course, contact an academic advisor. This course typically has more openings for non-Kinesiology students in the Winter term, but it is available in either term.

3. Examples of available Arts & Science Options for the 2019-2020 academic year can be viewed here: https://rdc.ab.ca/node/80375/attachment (you can pick up this printout from the School of Arts & Sciences in Room 2203, or view it on the Loop)

   Not all of these courses may be transferable to your University (though the majority, are). Remember to visit Transfer Alberta to check for course transferability, or check with an advisor.

PATTERN OF COURSES FOR YEAR 2

When starting year 2, students should be pursuing their undergraduate degree in order to aid with course selection. In addition, it is recommended to identify a Chiropractic school (or schools) that you would like to apply to, and contact that university for schedule suggestions. This is important as this information will help you identify what requirements you may need to complete, which will help you complete your schedule.
NEW ZEALAND CHIROPRACTIC COLLEGE (NZCC) ROUTE

The New Zealand Chiropractic College (NZCC) admits students each January, and is a route that students at RDC can work towards. This route potentially allows students to be admissible after one year of study, but requires completion of specific courses. Enrolment in these courses may be limited due to availability. Students can opt to complete the requirements over three terms instead of two.

<table>
<thead>
<tr>
<th>NZCC Pre-Requisite Requirement</th>
<th>RDC Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology (2 courses)</td>
<td>KNSS 200 &amp; PSIO 258 (see note 1 below)</td>
</tr>
<tr>
<td>Chemistry (general or organic) (1 course)</td>
<td>CHEM 211</td>
</tr>
<tr>
<td>Biological Chemistry (1 course)</td>
<td>BIOL 217</td>
</tr>
<tr>
<td>Microbiology (1 course)</td>
<td>BIOL 301 or MICR 365</td>
</tr>
<tr>
<td>Biophysics (1 course)</td>
<td>PHYS 205</td>
</tr>
<tr>
<td>2 courses of University Transferable courses</td>
<td>Humanities/Social Sciences/Science Options (ENGL 219 recommended)</td>
</tr>
</tbody>
</table>

SAMPLE SCHEDULE

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNSS 200 (see note 1 below)</td>
<td>Option or ENGL 219</td>
</tr>
<tr>
<td>PSIO 258 (see note 1 below)</td>
<td>Option</td>
</tr>
<tr>
<td>BIOL 217 (see note 2 below)</td>
<td>CHEM 351 (see note 2 below)</td>
</tr>
<tr>
<td>CHEM 211</td>
<td>MICR 365 (see note 2 below) or BIOL 301</td>
</tr>
<tr>
<td>PHYS 205</td>
<td>Option</td>
</tr>
</tbody>
</table>

NOTES

1. KNSS 200 and PSIO 258 are often reserved for kinesiology students. PSIO 258 has a required pre- or co-requisite of KNSS 200. KNSS 200 is offered in the Winter term as well.

2. Students wishing to complete all pre-requisite courses in one year can do so by completing MICR 365 for the Microbiology option. MICR 365 has a pre-requisite of BIOL 217 and a pre- or co-requisite of CHEM 351 (which has a pre-requisite of CHEM 211). If you wish to complete all required courses in one year, you should take CHEM 211 and BIOL 217 in the Fall term, and then take CHEM 351 and MICR 365 in the Winter term.

   BIOL 301 can also be used to meet this requirement, but this is a second year course only available in the Fall term. As NZCC has a January intake each year, RDC students finishing requirements after the Winter or Fall term will be applying at the same time to NZCC. As such, there is no need to rush to finish all requirements in the first year if it creates too heavy of a schedule.
INFORMATION ON CHIROPRACTIC SCHOOLS

Below are some key points regarding the Canadian Memorial Chiropractic College, and their admission process. It is highly recommended to visit their website and contact them to learn more!

https://www.cmcc.ca/

1. The **minimum academic requirement** for consideration for admission is a cumulative grade point average (CGPA) of 2.50 on a 4.00 grade point scale from at least three full years of undergraduate study (90 credits/30 courses).

2. Applicants are encouraged to embark on an undergraduate degree program in which they have the greatest interest and that would prepare them for an alternative career should they not gain entrance to CMCC.

3. All academic requirements (90 credits) must be completed no later than May 31st in the same year preceding the date of registration in first year courses at CMCC.

Some Additional Chiropractic Schools Include:

- New Zealand College of Chiropractic
  http://chiropractic.ac.nz/

- Palmer College of Chiropractic
  http://www.palmer.edu/

- Association of Chiropractic Colleges
  http://www.chirocolleges.org/
HOW TO FIND MORE INFORMATION

School of Arts & Sciences
Advising & Recruiting
Room 2203
artscienceinfo@rdc.ab.ca
403-342-3585 (select option 1)
www.rdc.ab.ca/artsandsciences

Alberta Transfer Guide
http://transferalberta.alberta.ca

Canadian Memorial Chiropractic College
http://www.cmcc.ca/

Palmer College of Chiropractic
http://www.palmer.edu/

New Zealand Chiropractic College
http://chiropractic.ac.nz/

American Chiropractic Colleges
http://www.chirocolleges.org/

PLEASE NOTE:

This planning guide is designed to help you choose courses at RDC that will transfer to your destination institution and towards your intended degree. The recommendations in this guide are based off current RDC courses that transfer to the institution identified in this guide, as well as information provided by the institution (either through printed publication and/or communication between our institutions).

Institutions can make changes to their program and/or transfer requirements without consulting Red Deer College. As such, it is recommended you consult with the appropriate institutional information (i.e. university calendars, websites, advisors,) to gain the most up to date information.

You are responsible for ensuring that your registration is completed, and that your course choices comply with the program to which you have been admitted to at RDC and/or to the university to which you wish to transfer. This planning guide is meant to help you gain a basic understanding of your program and provide suggestions for course sequencing.

You are cautioned that any changes to your courses, your major, or your transfer destination may adversely affect your transferable credit or admission requirements for future programs. Consult with the student advisor (above) if you have any questions.

Students in university transfer programs are strongly advised to refer to the calendar of the university that they wish to attend, and should contact appropriate university departments as required.