Frequently Asked Questions
Please read this section first as it will help you understand the purpose of this guide, important information to understand and register for courses, as well as definitions for common phrases and terms used in post-secondary.

**What is the Pre-Professional Chiropractic program at RDC?**
The Pre-Professional Chiropractic program at Red Deer College is essentially the first year of a Bachelor of Science degree. There are many different Chiropractic schools, all with varying entrance requirements. Some schools require specific courses, while others require a certain number of post-secondary years completed. Overall, the majority of Chiropractic institutions recommend students have a well-rounded education that includes courses in Biology, Chemistry, Anatomy/Physiology and Psychology. However, this is not a universal requirement, and therefore it is important for students to familiarize themselves with the entrance requirements of their future Chiropractic school.

At RDC, we recommend students pursue an undergraduate degree to help complement their studies. This is especially important as it can take two or three years (depending on the institution) before students are eligible to apply for admission into Chiropractic Medicine. It is not uncommon for students to complete a 4-year undergraduate degree before gaining admission into a Chiropractic school. Undergraduate degrees can be completed in many areas, such as Science, Kinesiology, Arts, Education, etc.

**How should I get started?**
To start, we recommend identifying a Chiropractic school you want to eventually attend. As entrance requirements for Chiropractic Schools are so diverse, it is recommended to have a School (or Schools) in mind. If you have a School(s) in mind, we can better recommend courses. Page 3 of this guide will go over a general recommendation to get you started.

Secondly, we recommend you pursue an undergraduate degree to tailor your studies. Institutions like Canadian Memorial Chiropractic College (CMCC) require at least 3 years of an undergraduate degree/study before being able to apply for admission.

Below are some examples of Chiropractic Schools RDC students have worked towards:
- [Canadian Memorial Chiropractic College](#)
- [New Zealand College of Chiropractic](#)
- [Palmer College of Chiropractic](#)

**What agreements do you have with New Zealand College of Chiropractic (NZCC)?**
The New Zealand College of Chiropractic (NZCC) admits students each January, and is a route that students at RDC can work towards. This route potentially allows students to be admissible after one year of study, but requires completion of specific courses. Enrolment in these courses may be limited due to availability, and in that event, students can opt to complete the requirements over three terms instead of two. Page 4 has more information on the courses required. NZCC visits RDC each year (typically in October) to provide students with more information on their program and application process.
How many courses should I take a term?
The traditional path you will see is 5 courses per term, 10 total (5 in the Fall, 5 in the Winter). However, you may have flexibility depending on your destination university and degree. Some students will complete 10 courses in a year by taking 4 in the Fall, 4 in the Winter, and 2 in the Spring (or some mixture). Some students will take 3-4 courses per term (6-8 per year) and take 5-6 years to complete their degree.

It is recommended to take a full course load (5 courses per term) where possible.

What are terms, and how many of them are there?
Terms are the period of time in which your studies take place. At RDC, we offer four terms.

- Fall term (September through December)
- Winter Term (January through April)
- Spring term (May through June): Spring term is a condensed term. We recommend only a maximum of two courses in the Spring. Course offerings are reduced in this term as well.
- Summer Term (July through August): Only select upgrading courses are currently available in this term.

What happens if I take less than 10 courses a year?
You may need an extra term or year to complete your degree, or to be eligible to apply into your future Chiropractic program.

What is a credit?
A credit is what you earn for completing courses. To earn most four-year baccalaureate degrees, a student will need to earn 120 credits.

Most courses a student completes will be three credits. There are some courses that span a full year (Fall to Winter) that are six credits. As such, 120 credits is generally 40 courses.

Why can I only take up to two years at RDC?
Every 30 credits (generally 10 courses) a student completes is equivalent to one academic year. If a student completes 10 courses per year for four straight years, they will graduate with their undergraduate degree in four years. This is why you see 10 courses recommended for each year.

Universities have what is called a residency requirement. This means that universities require a specific amount of credits to be completed as their student in order to grant the degree. For most universities, the residency requirement is 60 credits. This means that students can use up to 60 credits (or half their degree) as transfer credit.

You can absolutely transfer with less than 60 credits, but if you transfer with more than 60, your transfer University will still require students to complete 60 credits as their student. This is why we recommend that you apply to transfer as you are completing your second academic year or nearing 60 transfer credits.

How do I know what courses to take?
- Use this guide and follow our advice!
- Make sure the courses you take are transferable using Transfer Alberta.
- You should be taking university level and university transferable courses
  - “200” Level courses are Year 1 courses at RDC
  - “300” Level courses are Year 2 courses at RDC
  - (each institution will use different numbering conventions for their years)
SAMPLE GENERAL CHIROPRACTIC SCHEDULE

The schedule below can help you get started if you are unsure about a transfer university/Chiropractic School, or an undergraduate degree you would like to work towards.

If you know a Chiropractic school and/or undergraduate degree you would like to work towards, please contact the School of Arts & Sciences at artscienceinfo@rdc.ab.ca, or on campus in Room 2203 with this information. This may help us give you additional course suggestions.

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
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<tbody>
<tr>
<td>BIOL 217 (can be taken either term)</td>
<td>BIOL 218 (can be taken either term)</td>
</tr>
<tr>
<td>CHEM 211</td>
<td>CHEM 212 or CHEM 351</td>
</tr>
<tr>
<td>ENGL 219</td>
<td>ENGL 220</td>
</tr>
<tr>
<td>PSYC 260</td>
<td>KNSS 200 (see note 1 below)</td>
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<tr>
<td>Art or Science Elective (see note 2 below)</td>
<td>Art or Science Elective (see note 2 below)</td>
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PATTERN OF COURSES FOR YEAR 2

When starting year 2, students should be pursuing their undergraduate degree in order to aid with course selection. In addition, it is recommended to identify a Chiropractic school (or schools) that you would like to apply to, and contact that university for schedule suggestions. This is important as this information will help you identify what requirements you may need to complete, which will help you complete your schedule.

REGISTRATION NOTES

1. Seats in KNSS 200 may be restricted to Kinesiology majors. If you need access to an open seat or if you need to waitlist for the course, contact an academic advisor. This course typically has more openings for non-Kinesiology students in the Winter term, but it is available in either term.

2. Examples of available Arts & Science Electives for the current academic year can be viewed here: https://rdc.ab.ca/node/80375/attachment (you can pick up this printout from the School of Arts & Sciences in Room 2203 or view on the Loop)
NEW ZEALAND COLLEGE OF CHIROPRACTIC.

There are 8 required courses NZCC is looking for, however, RDC still recommends students pursuing this route to take a full 10 courses if possible. This allows flexibility in the event admission into NZCC is not granted, or, you change your mind on program/institution.

<table>
<thead>
<tr>
<th>NZCC Pre-Requisite Requirement</th>
<th>RDC Equivalent</th>
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<tbody>
<tr>
<td>Anatomy &amp; Physiology (2 courses)</td>
<td>KNSS 200 &amp; PSIO 258 (see note 1 below)</td>
</tr>
<tr>
<td>Biological Chemistry (1 course)</td>
<td>BIOL 217</td>
</tr>
<tr>
<td>Microbiology (1 course)</td>
<td>BIOL 301 or BIOL 360</td>
</tr>
<tr>
<td>Biophysics (1 course)</td>
<td>PHYS 205</td>
</tr>
<tr>
<td>15 credits (3 courses) of University Transferable Electives</td>
<td>Arts and Sciences Electives Recommended</td>
</tr>
</tbody>
</table>

SAMPLE SCHEDULE

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
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</thead>
<tbody>
<tr>
<td>PSIO 258 (see note 1 below)</td>
<td>KNSS 200 (see note 1 below)</td>
</tr>
<tr>
<td>CHEM 211 (recommended (see note 2 below)</td>
<td>BIOL 360 or BIOL 301 (see note 2 below)</td>
</tr>
<tr>
<td>BIOL 217 (see note 2 below)</td>
<td>CHEM 351 (see note 2 below)</td>
</tr>
<tr>
<td>PHYS 205 (see note 2 below)</td>
<td>Art or Science Elective (see note 3 below)</td>
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<tr>
<td>Art or Science Elective (see note 3 below)</td>
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NOTES

1. KNSS 200 and PSIO 258 are often reserved for kinesiology students until June 15. PSIO 258 has a required pre- or co-requisite of KNSS 200. KNSS 200 is offered in the Fall and Spring term as well.

2. Students wishing to complete all pre-requisite courses in one year can do so by completing BIOL 360 for the Microbiology option. BIOL 360 has a pre-requisite of BIOL 217 and a pre- or co-requisite of CHEM 351 (which has a pre-requisite of CHEM 211). If you wish to complete all required courses in one year, you should take CHEM 211 and BIOL 217 in the Fall term, and then take CHEM 351 and BIOL 360 in the Winter term.

BIOL 301 can also be used to meet this requirement, but this is a second year course only available in the Fall term. As NZCC has a January intake each year, RDC students finishing requirements after the Winter or Fall term will be applying at the same time to NZCC. As such, there is no need to rush to finish all requirements in the first year if it creates too heavy of a schedule.

3. Examples of available Arts & Science Electives for the current academic year can be viewed here: https://rdc.ab.ca/node/80375/attachment (you can pick up this printout from the School of Arts & Sciences in Room 2203 or view on the Loop)
IMPORTANT THINGS TO KNOW

<table>
<thead>
<tr>
<th>Admission Requirements</th>
<th>It is imperative you familiarize yourself with the admission requirements of your future Chiropractic School as they will all be different. If you need help interpreting admission requirements, please contact us at <a href="mailto:artscienceinfo@rdc.ab.ca">artscienceinfo@rdc.ab.ca</a></th>
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<tr>
<td>Minimum Transferable Grade</td>
<td><strong>A minimum grade of C- is recommended</strong> to maximize transferability to most universities (&quot;D&quot; grades may transfer to some universities, depending on the circumstance). Please talk to an Academic Advisor as soon as possible if you feel you may be in jeopardy of not getting at least a C- in a course you are enrolled in.</td>
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CONTACT INFORMATION

| School of Arts & Sciences Red Deer College | Room 2203 artscienceinfo@rdc.ab.ca 403.342.3585 (select option 1) |

PLEASE NOTE:

This document is designed to provide recommendations and general information related to transfer pathways that best suit Red Deer College (RDC) course offerings. There are many ways to create a schedule and complete your studies, and we recommend you familiarize yourself with the intricacies of the program and university you want to transfer into. We are here to assist in helping you navigate your studies and can connect you with resources as needed, but you are responsible for your course registration, class schedule, applications to transfer and other related matters. Students in university transfer programs are strongly advised to refer to the calendar of the university that they wish to attend, and should contact appropriate university departments as required.

Please note that institutions can make changes to their program and/or transfer requirements without consulting RDC. As such, it is recommended you consult with the appropriate institutional information (i.e. university calendars, websites, advisors,) to gain the most up to date information as you progress through your studies.

You are cautioned that any changes to your courses, your major, or your transfer destination may adversely affect your transferable credit or admission requirements for future programs. Consult with the School of Arts & Sciences if you have any questions.