KNSS 299
Directed Study – Adapted Physical Education
Course Outline

Fall 2017 / Winter 2018

Instructor: Brandi Heather  Office: 2002 K  Phone: 403 342-3479  Email: Brandi.heather@rdc.ab.ca

Office Hours: Mondays 1-3pm, Thursday 1-3pm

Class Times:  Fall Tuesdays 2-3:30PM/Winter Mondays 11-12:20 (every second week starting January 8, 2018)
**Required: Healthy Active School Symposium: October 25, 2017 8am – 3PM (Letter to be given to course instructors in September)

Room: Fall 2206 / Winter 2206

Credit Hours: 3  Prerequisite: Consent of Chairperson

Academic Calendar Entry:
Participation in applied practical experiences through the completion of a cooperative work experience of 90 to 100 hours plus 45 hours of seminars over 30 weeks or two academic terms.

Learning Outcomes:
At the completion of this course students will be able to:

- Observe, describe and practice in the career field of adapted physical education including but not exclusive to physiotherapy, education, occupational therapy and rehabilitation therapy.
- Describe and reflect on service learning experiences.
- Students will compare the career options/opportunities in adapted physical education.
- Evaluate their own personal accountability, leadership and humanity when working with individuals with a disability.
- Students will explore their own beliefs and values in order to understand better how to care for others.
- Identify and analyze community challenges for people with disabilities and propose possible solutions.

Course Topics (Fall Semester):

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 12</td>
<td>Introduction and Shape Inventory/Service Learning Placements /CPR/First Aid/Criminal Record check /Begin with the end in mind… Service Learning/Expectations/Ethics/Social Media/consent for video/photos</td>
</tr>
<tr>
<td>Date</td>
<td>Event</td>
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<tr>
<td>September 26</td>
<td>Young Athletes Training NCCP Level 1 Classroom (Part1)</td>
</tr>
<tr>
<td>October 3</td>
<td>Young Athletes Training NCCP Level 1 (Part 2) Gymnasium - come changed</td>
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<tr>
<td>October 10</td>
<td>Where are you going &gt; Career Critical paths</td>
</tr>
<tr>
<td>October 17</td>
<td>Applied Professions + Professionals – off Campus (Location TBA)</td>
</tr>
<tr>
<td>October 24</td>
<td>No Class in Lieu of HASS</td>
</tr>
<tr>
<td>October 25</td>
<td>Healthy Active Schools Symposia, October 25th, 2017 CrossRoads Church 38105 Range Road 275, Red Deer County, AB T4S 2N4</td>
</tr>
<tr>
<td>October 31</td>
<td>No Class in Lieu of HASS attendance</td>
</tr>
<tr>
<td>November 7</td>
<td>$5 Challenge CSL Project Due in Class</td>
</tr>
<tr>
<td>November 14</td>
<td>Applied Professionals Month – Focus on Occupational Therapy</td>
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<tr>
<td>November 21</td>
<td>Applied Professional and Professions Month – Focus on Physiotherapy</td>
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<tr>
<td>November 28</td>
<td>Applied Professional and Professions Month – Focus on Recreational therapy</td>
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<tr>
<td>December 5</td>
<td>Applied Professional and Professions Month –Focus on Athletic Therapy</td>
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</tbody>
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* The dates/locations for these seminars are subject to change with notice.

**Winter Semester Outline to follow, class changes to every second Monday starting January 8, 2018 from 11-12:20Am ROOM 2206

**Learning Activities:**

- The student will participate in an Adapted Physical Education Practicum. This placement will be chosen in accordance with student interests. It is anticipated that the student will complete approximately 80-90 hours of practicum time during the course of the semester.
- The student will attend weekly seminars/workshops in which they will be expected to have completed readings/assignments and be able to participate in discussions around assigned topics.
- At the completion of each semester the student must have completed a midterm and or final detailed log of the adapted physical education practicum experiences including hours, experiences and insights. This logbook will be completed on Blackboard accordingly (sample will be given in class).
Students will be required to attend every week for the first semester and only every second week in the second semester due to the service learning requirements for the course.

**Required Textbook and Equipment:**

All required readings will be posted on Blackboard or placed in the library.

**Assignments and Evaluations:**

<table>
<thead>
<tr>
<th>EVALUATION ACTIVITIES</th>
<th>DUE DATE</th>
<th>GRADE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Log Book Related to Service Learning Experience</td>
<td>Ongoing 3 Journals in total (20%) Reflective review Journal Entry due in March (10%)</td>
<td>30 %</td>
</tr>
<tr>
<td>Seminar Participation (Approx. 15 classes)</td>
<td>Ongoing – attendance and participation</td>
<td>15%</td>
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<tr>
<td>Pursuit of 2 Seminars, Lectures, Certifications, Learning Opportunities outside of class and Reflection of Key Outcomes according to your Personal Goals (list of possible opportunities to be given in class, others can be approved)</td>
<td>Individuals Assignment</td>
<td>20%</td>
</tr>
<tr>
<td>Community Service Learning Ever Active Schools Symposium</td>
<td>As a Team we will help bring an “Adapted Activity” Perspective to the Ever Active Schools Symposium in October teams to be created in September</td>
<td>15%</td>
</tr>
<tr>
<td>Final Practicum Evaluation(s) from Supervisors</td>
<td>Completed by both the supervisor and the student. Submitted no more than 1 week after the completion of your practicum time(s)</td>
<td>20%</td>
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**Optional: Free Course in Non Violent Crisis Intervention (TBA)**

**It’s Your Move Back Care Training to Be Provided in the Fall 2017 – free of charge**

**Midterm Feedback:**

Midterm feedback for this course will be available from the instructor following marking of the midterm examination. After reviewing their marks to this point, students should make an appointment with the instructor to discuss their progress and concerns if the cumulative total to this point is less than 20 marks. The instructor is also available prior to this in designated office hours if students have any concerns.
RDC Final Examination Policy will be followed with respect to Final Examinations. Please review this document to ensure you understand the contents and implications of the policy.

http://rdc.ab.ca/search/gss/Final%20exam%20policy%20

Attendance Requirements:
The faculty of the Department believe that students are committed to their program and learning experiences. However, it is understood that there are times when students may be absent from those experiences. Any absence can be viewed as a potentially serious disruption of the learning process and necessary achievement of the learning objectives.

Academic Misconduct:
Please become familiar with what constitutes academic misconduct, as well as the consequences. Plagiarism involves submitting work in a course as if it were the student’s own work. Plagiarism may involve the act of submitting work in which some or all of the phrasing, ideas, or line of reasoning are alleged to be the submitter’s own but in fact were created by someone else. The complete RDC policy is available at:

http://rdc.ab.ca/search/gss/Academic%20Misconduct

Changes to the Course Outline:
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Important Dates:

<table>
<thead>
<tr>
<th>September 2017</th>
<th>October 2017</th>
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<tbody>
<tr>
<td>Sep 6</td>
<td>First day of classes for Fall term 2017</td>
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<tr>
<td>Sep 8</td>
<td>Last day to apply for Supplemental Exams for Summer term 2017</td>
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<tr>
<td>Sep 13</td>
<td>Last day to apply for Fall term 2017</td>
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<tr>
<td>Sep 15</td>
<td>Last day to register, add or drop Fall term 2017 or Full year 2017-2018 courses</td>
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<td>Last day for tuition refund</td>
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<td>Oct 1</td>
<td>First day to apply for Fall term 2018</td>
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<td>Oct 3</td>
<td>Emergency Response day Fall term 2017</td>
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<tr>
<td>Oct 27</td>
<td>Mid-term feedback for Fall term 2017</td>
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For Complete Details Refer to The RDC Academic Calendar
https://rdc.ab.ca/events-calendar?field_site_section_tid=17&date=2015-09
### November 2017
- **Nov 9**: Final Exam schedule posted for Fall term 2017
- **Nov 10**: College open. No credit classes.
- **Nov 13**: Statutory holiday. College Closed
- **Nov 14**: Credit classes resume

### December 2017
- **Dec 6**: Last day of classes for Fall term 2017
- **Dec 6**: Last day to withdraw from Fall term 2017 courses and receive a WD
- **Dec 11**: First day of Final Exams for Fall term 2017 courses
- **Dec 16**: Last day of Final Exams for Fall term 2017 courses
- **Dec 18**: Deferred Exams for Fall term 2017 written
- **Dec 20**: Last day for submission of final grades for Fall term 2017 courses
- **Dec 20**: Last day of course waitlist for Winter term 2018
- **Dec 21**: Final grades available for Fall term 2016 courses
- **Dec 22**: College closed at noon
- **Dec 25 - 31**: College closed

### RDC Winter Term Important Dates
For complete details refer to the RDC Academic Calendar
https://rdc.ab.ca/events-calendar?field_site_section_tid=17&date=2015-09

#### January 2018
- **1**: New Year’s Day 2018 – College Closed
- **2**: College Open – No Credit Classes
- **3**: First day of classes for Winter Term. Tuition fees for Winter term 2018 due (registration will be cancelled if not paid)
- **8**: Midterm Feedback for full year 2016-2017 courses
- **8**: Last day to apply for supplemental exams for fall term courses.
- **12**: Last day to add/drop or register for winter 2018 term courses.
- **13**: Supplemental exams for fall term written.

#### March 2018
- **2**: Mid-term feedback for Winter term 2018 courses
- **6**: Emergency response day Winter term
- **16**: Final exam schedule posted for Winter term
- **19**: Continuing Student Registration begins for 2017-18
- **30**: Good Friday – College Closed

#### February 2018
- **19**: Family Day 2018. College closed
- **20 – 23**: Mid term break for Winter term. No Credit classes
- **26**: Credit classes resume for winter term

#### April 2018
- **9**: New student registration begins for
- **10**: Last day of classes for full year and winter courses
- **10**: Last day to withdraw from full year and winter courses and receive a WD
- **16**: First day of final exams for winter term
- **21**: Last day of final exams for winter term
- **27**: Final grades available for winter and full year courses.

This course may be eligible for Prior Learning Assessment. Students should refer to the RDC Course Calendar for a list of excluded courses.

- A plagiarism detection tool is used in this course.
- Classroom Learning Resources may be available to students in alternative formats.
- It is the student’s responsibility to be familiar with the information contained in the Course Outline and to clarify any
areas of concern with the instructor.

- Students should refer to the Student Dispute, Appeal and Misconduct Processes Policy and Standard Practice should questions or concerns about the Course Outline not be resolved directly with the instructor.

RDC offers several learning support services: course-based peer tutoring, the Math Learning Centre, the Writing Skills Centre, and help with general learning strategies (e.g., time management, study skills, exam preparation and writing). RDC also offers services for students with disabilities. To access any of these services, visit the Learning Support desk in the Library, call (403) 357-3629, or email either help_learn@rdc.ab.ca or disabilityservices@rdc.ab.ca.

**Personal Counselling**
Professional counsellors are on campus to assist students to overcome personal struggles such as depression, test anxiety, loneliness, relationship issues, and more. If you have a question or concern, we can help. There is no fee and the service is confidential.

**Career Counselling**
From choosing a program to choosing a career, and everything in between, we can help you explore your unique qualities and skills and apply them in selecting a career that is more than just a job.

**Career and Employment Services**
Where can I work when I graduate? What are employers looking for? Get all the help you need to improve your resume, cover letter, interview and job search skills to land your dream job! We offer assistance to students seeking part-time work and post-graduation employment, plus Employer Spotlight events to connect you with potential employers.

**Campus Connections Program**
If you have a natural ability to help others, this training is for you. Learn how to support others’ wellbeing by being a supportive listener and recognizing the signs of mental health issues, suicide and help-seeking behaviour. Key factors to the program are: understanding your limits, when to refer to community resources and how to look after yourself as a helper.

**Counselling & Career Centre**
Room 1402, Main Campus
403.343.4064
Email: counselling@rdc.ab.ca or employmentservices@rdc.ab.ca

Associate Dean:  
Date: August 24, 2017