




Counselling & Career Centre



July 2017 Events

Monday	Tuesday	Wednesday	Thursday	Friday
3 College Closed for Canada Day 	4 Career Drop In 11:30 – 12:00 am	5 Career Drop In 10:30 – 11:30 am	6 Career Drop In 1-2 pm	7 Career Drop In 10:30 – 11:30 am
10 Career Drop In 1-2 pm	11 Career Drop In 10:30 – 11:30 am	12 Career Drop In 10:30 – 11:30 am	13 Career Drop In 1-2 pm	14 Career Drop In 10:30 – 11:30 am
17 Career Drop In 1-2 pm	18 Career Drop In 10:30 – 11:30 am	19 Career Drop In 10:30 – 11:30 am	20 Career Drop In 1-2 pm	21 Career Drop In 10:30 – 11:30 am
24 Career Drop In 1-2 pm	25 Career Drop In 10:30 – 11:30 am	26 Career Drop In 10:30 – 11:30 am	27 Career Drop In 1-2 pm	28 Career Drop In 10:30 – 11:30 am
31 Career Drop In 1-2 pm				

Counselling Intake Hours
Monday to Friday
10:00 am ~ 12:00 pm
1:00 pm ~ 3:00 pm

CAREER DROP IN:

Drop in to get help with career planning, job search, resumes and cover letter, interview skills, volunteering and information on what you can do with your education.

Mon 1:00pm - 2:00pm, Tues 10:30am - 11:30pm,
Wed 10:30am - 11:30am, Thurs 1:00pm - 2:00pm,
Fri 10:30am - 11:30am | Rm 1402

CAMPUS CONNECTIONS PROGRAM:

If you have a natural ability to help others, this training is for you. Learn how to support others' well-being by being a supportive listener and recognizing the signs of mental health issues, suicide and help seeking behavior. Key factors to the program are: understanding your limits, when to refer to community resources and how to look after yourself as a helper. To register: campusconnections@rdc.ab.ca.